The ordinary universities Public University of Physical Education Textbook sports health tutorial(Chinese Edition)

By BEN SHE

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment.Paperback. Pub Date: Unknown Publisher: Nanjing University Press List Price: 32.00 yuan Author: Publisher: Nanjing University Press ISBN: 9787305101816 Page: Revision: Binding: Folio: Published :2012 -7-1 printing time: Words: Public Physical Education Textbook Goods logo: 22864628. Introduction ordinary institutions of higher learning: the University of Physical Education. Health Tutorial set theoretical knowledge and motion practice two total of 18 chapters. Its content has the following characteristics: first. to fully integrate into new sports and health knowledge. new ideas and a new sports project which. Second. highlighting the characteristics of contemporary youth personality hobbies and education. to establish a health first guiding ideology. enhance student sports skills and methods of cultivation. taking into account the need for improvement of students' personal fitness. students engage in lifelong physical activity awareness. Third. the narrative refining. easy to understand. focused on the vital graphic image. intuitive. Fourth. each chapter with the question of the right amount of thinking and help students review and consolidate what they learn. Target Section II of Introduction theoretical knowledge first chapter of school physical education and the overall...

READ ONLINE
[7.92 MB]

Reviews

A brand new e-book with a brand new standpoint. it was actually writtern extremely properly and valuable. I am just quickly can get a pleasure of looking at a published ebook.
-- Prof. Garett Schmitt

Complete guide for publication enthusiasts. I have read and i am sure that i will going to study again once again in the future. Your way of life period will be transform once you total looking over this publication.
-- Shayne O'Conner