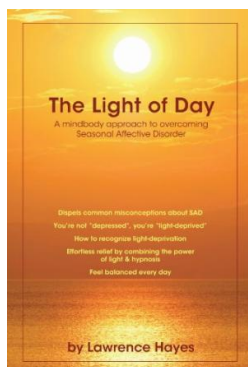


The Light of Day: A Mindbody Approach to Overcoming Seasonal Affective Disorder (Paperback)



Book Review

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