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Marvelous Meats and More

By John Burstein

Crabtree Publishing Co,Canada. Paperback. Book Condition: new. BRAND NEW, Marvelous Meats and More, John Burstein, Slim Goodbody's latest series, "Nutrition Edition", is designed to teach young children the fundamentals of the Food Pyramid. Targeted for very young children, each book in the "Nutrition Edition" series focuses on a different food group. "Nutrition Edition" reveals how different food groups work within the body, the value of eating 'locally' and 'green' growing practices, cultural differences in food choice, guidelines of daily nutritional requirements. This work helps you learn that this group is made up of more than meat. It includes poultry, fish, dry beans, eggs and nuts. Children will also discover why tofu is part of this group, how this group helps build strong muscles, what different kinds of meats, poultry, fish, etc. are eaten around the world, and how much a person needs to eat each day from this group.



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